

Trainings and Consultations

Mount Saint Vincent is a leader in trauma-informed care, early childhood development, and crisis intervention. Through trainings and consultations, we share our expertise with community organizations and public institutions such as schools, early learning centers, and other child-focused organizations. Working alongside care providers, we develop solutions tailored to children's needs and provide programing recommendations that meet their specific circumstances.



Trauma-Informed Care Trainings

Using the Neurosequential Model of Therapeutics™ (NMT) as its foundation, Mount Saint Vincent offers a wide range of trainings on trauma-informed care. Developed by Child Trauma Academy Senior Fellow Bruce D. Perry, M.D., Ph.D., NMT is a relational, strength-based approach of care for children recovering from the effects of trauma. To support the implementation of trauma-informed care within your organization, MSV trainers can also provide individual case consultation, on-site observation and coaching, and full NMT assessments.

Foundations in a Trauma-Informed Approach

This training provides an introduction to fundamental concepts regarding child development and how to support children who may have been exposed to trauma. This three-hour training, held at Mount Saint Vincent, offers a broad overview of how trauma-informed care is implemented throughout our agency. Trainings are available every other month.

Introduction to a Trauma-Informed Approach

In this training, participants will learn how development occurs in a child and how trauma may impact that development, potentially leading to challenging behaviors. An overview of strategies to help calm an escalated child will be provided during this four-hour course at your location.

For information on these or any other trainings or consultations, please contact Kyle Bixenmann, Senior Workforce Training Specialist, at kbixenmann@msvhome.org.

Applications of a Trauma-Informed Approach

In this follow-up training, participants will learn how to apply the concepts learned in the Introduction training. Through classroom instruction, individual study, and group discussion, participants will drill down into core concepts and explore specific tactics. This training is also four hours and is conducted at your location.

To support the implementation of these concepts, our trainers can provide on-site observation and coaching, individual case consultation, and full NMT assessments. These services can be paired with the training options listed above, which can lead to stronger implementation and improved support for both the children and those caring for them.

Therapeutic Crisis Intervention Training

Developed in the early 1980s by Cornell University as part of its Residential Child Care Project, Therapeutic Crisis Intervention (TCI) is a crisis prevention and intervention system originally designed for residential child care organizations. Over the years, the TCI curriculum has expanded to include Therapeutic Crisis Intervention for School and Therapeutic Crisis Intervention for Families.

Implementation of the TCI system is more than just staff training. Built on five general domains to effective implantation, our trainers will assist with the analysis necessary to effectively implement the TCI curriculum. Your staff will be given the necessary skills to improve how they work to prevent and/or de-escalate potential crisis situations, safely and therapeutically manage a crisis situation, and help children improve their coping strategies.

In-Depth Consultations

For special concerns, consultation services can help children, and those working to support them, by providing guidance and assistance. Our trainers offer a menu of consultation services that can be tailored to meet the needs of a child, family, school, or program. Through the consultation process, our trainers can develop customized training, designed to meet the needs of a specific child and those supporting him or her.

Customized Training

Our team of specialists can develop training content to address the needs of your particular audience. The content is based on the same trauma-informed concepts and principles, but explores the specific options and approaches most appropriate for your audience. Once content is developed, it is reviewed by your organization and modified as necessary before the training is presented to your employees. Examples of specific areas of need may include how to develop crisis management plans to support children prone to violent outbursts, trauma informed decision-making for parents and guardians, or how to better manage students in a school setting with classroom management strategies.