Mission

In the spirit of the Sisters of Charity of Leavenworth, Mount Saint Vincent strengthens the abilities of families and children to emotionally and socially participate in the community, making life better for generations to come. Committed to providing compassionate care, we strive to produce positive, life changing results.

Vision

We will help families and children experience tangible outcomes so that life becomes better. Everything we do flows from this vision.

Values

Caring Spirit – We honor the sacred dignity of each person.
Excellence – We set and surpass high standards.
Good Humor – We create joyful and welcoming environments.
Integrity – We do the right thing with openness and pride.
Safety – We deliver care that seeks to eliminate all harm for children and staff.
Stewardship – We are accountable for the resources entrusted to us.

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Dear Friends,

Decades ago, when I was just a child, my family and I were directly impacted by the great work Mount Saint Vincent does for children and families. So it is high honor to now serve this mission—one that I hold close to my heart—as Mount Saint Vincent’s Acting Executive Director.

As a former resident, I experienced first-hand the love and care of the Sisters of Charity of Leavenworth when Mount Saint Vincent was a children’s home. Now, along with our skilled and dedicated team, we are fortunate to help some of those most vulnerable heal from trauma, abuse and neglect.

Mount Saint Vincent is uniquely positioned to respond to the demand for mental health services for children. As we explore how we can meet the growing needs of children and families, we are putting plans in place to expand some of our current programs. One of our fastest-growing and most in-demand outreach efforts is to provide trauma-informed training to educators and caregivers throughout Colorado.

“We are fortunate to help some of those most vulnerable heal from trauma, abuse and neglect.”

It has been a very busy and exciting year for Mount Saint Vincent’s Foster Care Program. In 2019, the program served 70 foster children. Of those, we helped 28 children achieve permanency; five were able to return home to their birthparent(s), 10 were placed with kin/relatives, and 12 children finalized their adoptions!

As always, we thank you for your ongoing support of Mount Saint Vincent and the important, impactful work we do every day to make a difference in the lives of children and their families. We look forward to having you engage with us even more as we grow our impact for children to live happy and fulfilling lives!

Gratefully yours,

Sue Kenfield, M.A.
Acting Executive Director
Mount Saint Vincent
The Healing Power of Art Therapy

Conjure up the phrase “cognitive behavioral therapy” and most people picture a person talking privately to a therapist. But if you’re a six-year-old whose physical abuse began as an infant, you may not even have the words or capability to describe your experiences. It is for that reason that Mount Saint Vincent’s team of highly trained therapists use many alternative modalities to treat child victims of trauma.

Ten-year-old Kaylee had a history of physical abuse and chronic neglect. She had been in and out of numerous placements over the prior three years before finally arriving at Mount Saint Vincent. She was dissociative, threw rocks and sticks, and rarely engaged with others, preferring to play alone in her imaginary world.

During her stay, Kaylee’s parents had their parental rights terminated. This sent the self-isolating little girl into a tailspin. She became severely depressed and suffered from uncontrollable bouts of crying. Art Therapist Lindsay Ritscher, LPC, helped Kaylee deal with her feelings.

In tandem with the lengthy court process to terminate parental rights, the mostly nonverbal Kaylee created a complex, multistage painting that appeared to be a metaphor of what was happening with her family.

In the painting, objects were smashing into one another, careening wildly and breaking apart. “It was a terribly sad but beautiful metaphor of what she felt,” Lindsay said. “She processed the loss and pain of losing her parents using art as a symbolic means of communication.”

Kaylee gradually began connecting with her classroom teacher and Lindsay. Strong bonds began to form. That was her turning point.

Today, she’s a star student who eagerly participates in class.

The violent behavior is gone, and she’s happy, smiling, and joking with students and staff. “It’s as if she’s a different child,” Lindsay remarked.

In large part, Lindsay credits Kaylee’s treatment at Mount Saint Vincent for her transformation.

“No matter what Kaylee did, no matter what behaviors she exhibited,” Lindsay said, “she was always received with kindness, love and compassion.”

For surely it is the therapeutic care—combined with these three essential qualities—that hold the key to healing.

“She processed the loss and pain of losing her parents using art as a symbolic means of communication.”
One, Two, I Can Canoe!

Recreation therapy as a treatment modality can provide positive outcomes in children who have been abused or neglected. Because normal childhood experiences may never have been experienced rec therapy can give back missed opportunities like learning to ride a bike or sledding down a hill. Results can often include increased frustration tolerance, reduced anxiety, and decreased self-injurious behavior.

In our K–8 school, there is a daily class called “Specials” that incorporates different elective activities such as physical activity, art, health and recreation.

Maeve, the educational mental health worker in charge of Specials, recently had an idea. By helping the kiddos train in the gym and the swimming pool, maybe they could paddle a canoe on a lake.

Canoeing is a great activity for children because it helps them build their confidence, work on their social and communication abilities, and improve gross motor skills.

Maeve taught her students water safety, proper rowing techniques, how to paddle in a straight line, and a vitally important canoeing skill—how to walk across the boat without tipping it over.

Finally the day arrived. With plenty of teachers and staff to help out, our little waterbugs headed over to Aloha Beach, a nearby private lake. After a quick review of water safety and being fitted with a life vest, they pushed off.

With one adult in the back and two young rowers in front of each canoe, they circled “Bird Island” to get a close-up of the white cranes and then paddled around the perimeter of the lake. Each trip took approximately 15 minutes.

“Our canoeing outing went awesome,” Maeve said. “All the kids were really brave and did great on the water.”

One young water enthusiast could barely contain his excitement. “I love Specials,” he shouted. “This class is about exploration and trying new things!”

Our thanks to Maeve, the teachers and staff for making this a summertime adventure the kiddos won’t soon forget.
Milestones and Services

Since its opening in 1883, Mount Saint Vincent has continually evolved to meet the changing needs of the community.

- **1883:** Mount Saint Vincent opens as an orphanage.
- **1969:** The agency becomes a treatment center for children suffering from the effects of abuse or neglect.
- **2004:** A separate structure for the K–8 school is built, with eight classrooms that can hold up to 70 students.
- **2012:** The agency is named an NMT Flagship Site by the ChildTrauma Academy, at the time one of only four such sites in the world.
- **2017:** Mount Saint Vincent is accredited by the Council of Accreditation, signifying we meet or exceed best practice standards in all programs.

Mount Saint Vincent’s Continuum of Care Includes:

- Foster care services
- Short-term stabilization
- K–8 school
- Clinical assessments
- Day treatment
- Consultations and trainings
- Residential treatment
- Respite care
Volume and Statistics for 2019

Approximately 60% of our operating expenses comes from our program services. The remaining funds are raised through individual donations, businesses, grants and events.

- **$2.1** Millions raised
- **6.6k** Client days
- **3.3k** Therapy hours
- **70** Foster kids served

### Revenue by Source

- **Grants** $412,289
- **Contributions** $1,527,780
- **Special Events** $567,795
- **Related Parties** $672,710
- **Program Services** $5,090,310
- **Gifts in Kind** $129,267

### Percentages

- **Percent of students who progressed in math**: 89%
- **Coloradoans who received trauma training**: 708
- **Percent satisfied with educational services**: 95%
- **School districts served in Day Treatment**: 14
# Financial Health

## Balance Sheet
as of December 31, 2019

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$ 95,318</td>
</tr>
<tr>
<td>Program receivables</td>
<td>786,046</td>
</tr>
<tr>
<td>Contributions receivable</td>
<td>29,500</td>
</tr>
<tr>
<td>Prepaid expenses and other current assets</td>
<td>63,326</td>
</tr>
<tr>
<td>Investments</td>
<td>14,200,529</td>
</tr>
<tr>
<td>Property and equipment</td>
<td>20,262,558</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$ 35,437,277</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>$ 1,051,524</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td><strong>$ 1,051,524</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>NET ASSETS</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted: undesignated</td>
<td>$ 9,277,654</td>
</tr>
<tr>
<td>Unrestricted: invested property &amp; equipment</td>
<td>20,262,558</td>
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<tr>
<td>Unrestricted: board designated</td>
<td>4,427,244</td>
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<tr>
<td>Temporarily restricted</td>
<td>338,297</td>
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<tr>
<td>Permanently restricted</td>
<td>80,000</td>
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<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td><strong>$ 34,385,753</strong></td>
</tr>
</tbody>
</table>

| **TOTAL LIABILITIES AND NET ASSETS**         | **$ 35,437,277** |

## Statement of Activities
as of December 31, 2019

### SUPPORT AND REVENUE

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$ 1,527,780</td>
</tr>
<tr>
<td>Grants</td>
<td>412,289</td>
</tr>
<tr>
<td>Special events</td>
<td>567,795</td>
</tr>
<tr>
<td>Related parties</td>
<td>672,710</td>
</tr>
<tr>
<td>Gifts in-kind</td>
<td>129,267</td>
</tr>
</tbody>
</table>

**Revenue**

| Program services revenue         | 5,090,310 |

**TOTAL SUPPORT AND REVENUE**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$ 8,400,151</td>
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### EXPENSES

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential treatment</td>
<td>$ 2,647,143</td>
</tr>
<tr>
<td>K–8 school</td>
<td>2,267,203</td>
</tr>
<tr>
<td>Foster care, in-home and NMT</td>
<td>1,416,242</td>
</tr>
<tr>
<td>Early learning center</td>
<td>701,010</td>
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</tbody>
</table>

**Total Program Services**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$ 7,031,598</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Management and general</td>
<td>$ 1,106,412</td>
</tr>
<tr>
<td>Fundraising</td>
<td>678,569</td>
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**Total Supporting Services**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$ 1,784,981</td>
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</table>

**TOTAL EXPENSES**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$ 8,816,579</td>
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**CHANGE IN ASSETS FROM OPERATIONS**

<table>
<thead>
<tr>
<th>Amount</th>
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<tbody>
<tr>
<td>$ (5416,428)</td>
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### Non-operating Activities

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Investment return</td>
<td>$ 1,848,919</td>
</tr>
<tr>
<td>Other</td>
<td>17,600</td>
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</table>

**TOTAL NON-OPERATING ACTIVITIES**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$ 1,866,519</td>
</tr>
</tbody>
</table>

**CHANGE IN NET ASSETS**

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$ 1,450,091</td>
</tr>
</tbody>
</table>
Board and Staff

2019 Board of Directors

Board Leadership

Julie Davis-Ratner, Board Chair
Arnold Goldstein, Board Vice Chair
Julie Bearup, Treasurer
Kim Durand, Secretary

Board Members

Sean Gelsey
Sheryl Gonzales Ziegler
Wayne Guerra
Bryan Hassler
Sister Eileen Haynes
Sheryl Gonzales Ziegler
Megan Mahncke
Katie Minor
John Montgomery
Tamera Saunaitis
Jane O’Shaughnessy
John Svisco

Senior Staff

Sue Kenfield, M.A.
Acting Executive Director
skenfield@msvhome.org
303-458-7220 ext. 238

Ana Henderson
Director of Operations
ahenderson@msvhome.org
303-458-7220 ext. 270

Sue Johnson
Director of Finance
sjohnson@msvhome.org
303-458-7220 ext. 254

Cindy Liverance
Director of Development
cleverance@msvhome.org
303-458-7220 ext. 346

Melissa Maile
Foster Care/In-Home Director
mmaile@msvhome.org
303-458-7220 ext. 204

Marlena Romero
Clinical Director
mromero@msvhome.org
303-458-7220 ext. 271

Kerry Swenson
Director of Business Development
kswenson@msvhome.org
303-458-7220 ext. 281
Ways to Give
Mount Saint Vincent gratefully accepts gifts in support of our mission. Contributions are tax deductible and donors receive letters of acknowledgment for tax purposes. Colorado residents may be eligible for an income tax credit of 50% of their total qualifying contribution through the Colorado Child Care Contribution Credit. Consult your tax preparer for details.

Donate by Mail or Phone
Donations are accepted over the phone at 303-458-7220 ext. 228, or by mail at:
Mount Saint Vincent, 4159 Lowell Boulevard, Denver, CO 80211.
We accept cash, check, credit/debit card, and money orders.

Online Giving
Visit MSVhome.org to make a secure online donation with a credit or debit card. One-time and recurring payment options are available.

Planned Giving
Planned gifts provide resources that create extraordinary opportunities and preserve our future. Planned gifts include cash and pledge gifts of bequests, trusts, life insurance, and retirement assets.

Foundation and Corporate Grants
We welcome the opportunity to work with foundations and corporations on philanthropic grants.

Tribute Gifts
These gifts are given in honor or memory of a special person, typically given in thoughtful remembrance of a life, in recognition of a special occasion, or in appreciation of service. These tributes serve as a permanent expression of love, honor, and recognition.

Corporate Giving
Help your organization and employees make an impact. Become involved with Mount Saint Vincent through contributions, grants, or events via corporate gifts or sponsorships.

Stocks and Appreciated Securities
Boost your charitable contribution by giving shares of appreciated stock in lieu of cash. They are easily valued without an appraisal and easy to transfer. Donating appreciated securities before they are sold typically results in a tax advantage. Since the deduction is based on current value rather than cost, no tax is paid on the appreciation.

Endowments
Endowments are invested for growth and income in a diversified portfolio and are strategically managed by our Finance Committee. Each endowment distribution is used according to the donor’s intent as outlined in a formal agreement between the donor and Mount Saint Vincent. Funds earned from an endowment may support a program and are distributed to our nonprofit annually in accordance with established policies.

Real Estate
Mount Saint Vincent accept gifts of various types of real estate after a review of the property and its potential usage.